

Things I can do to prepare to leave safely	Notes /Completed
I will gather all my important items and documents together including my debit/credit card, birth certificate, passport, Centrelink card, Medicare card, prescriptions and medication, licence, 18+ card, rental information and keep it in a safe place (or with a friend or family member) so that I can grab quickly when I need to leave	
I will make copies of all keys that I need and put them on my key ring (or leave with a friend or family member) so I can grab them quickly when I need to leave	
I will open a new bank account or leave money with someone I trust so I have some money to help me once I leave	
I will identify what emergency assistance may be available to me – Centrelink	
I will leave some clothes with my trusted friend or family member	
I will leave any irreplaceable items such as photographs or family heirlooms with a trusted friend or family member	
I will speak with my employer and advise them of my intentions to leave so that they can put processes into place to keep myself and other staff in the workplace safe (there may also be special leave that you can access)	
I will rehearse my plans to leave with a trusted friend or family member (who I know won't tell my partner)	
I will identify a safe place I can go once I leave, where my partner will not find me. NOTE: This could be a police station, a work friend, a refuge, or a friend or family member in another city.	
I will make arrangements for the care of my pets	
I will plan what transport I will use to leave and I will have money put aside for this	
I will apply for a Domestic Violence Order or vary the conditions of the current Domestic Violence Order	
I will seek legal advice	